

# Zen 5 Sushi menu

Nigiri sushi	2 Pieces	Sashimi
Albacore (Shido-maguro)	3.95	10.00
Creamy Scallop (Hotategai)	3.95	8.50
Egg Omelet (Tamago)	3.50	
Fried Tofu (Inari)	3.50	
Imitation Crab	3.75	6.25
Japanese Snapper (Tai)	4.00	9.00
Mackerel (Saba)	3.75	8.50
Octopus (Tako)	4.50	10.00
Oyster (Kaki)	4.75	
Salmon (Sake)	3.95	10.00
Sea Eel (Anago)	3.95	9.25
Shrimp (Ebi)	3.75	8.50
Smelt Roe (Masago)	3.75	7.95
Smoked Salmon (Sha-ke)	4.25	10.00
Squid (Ika)	3.95	8.50
Tuna (Maguro)	3.95	10.00
Tuna Tataki		10.00
Yellow Tail (Hamachi)	4.50	10.00
Fresh Water Eel (Unagi)	4.75	10.00
Salmon Roe (Ikura)	4.75	
Sea Urchin (Uni)	6.25	
Surf Clam (Hokkigai)	4.00	8.25
Sweet Shrimp (Amaebi)	7.50	

Sushi Sampler	17.00		
Sashimi Sampler		19.00	

Maki	8 piece roll	Price	hand roll
Salmon Skin Roll		5.25	
California Roll (crab, avocado, & cucumber)		5.00	
Philly (salmon, cream cheese, & cucumber)		5.25	
Avocado Roll		4.50	
Alaska (cooked salmon cream cheese, & cucumber)		5.75	
Tekka maki (tuna)		4.50	
Vegetarian Roll		4.75	
Kappa maki (cucumber)		4.00	
<i>The following rolls contains cucumber</i>			
Asparagus Roll		4.95	
Crab Roll		4.95	
Eel Roll		6.95	
Salmon Roll		5.25	
Scallop Roll		4.95	
Shrimp Roll		5.00	
Tuna Roll		5.25	
Spicy Tuna Roll		5.50	
Spicy Yellowtail Roll		5.75	
Yellow Tail Roll		5.50	
<b>ADD ONS</b>			
Masago		1.00	
Cream Cheese		0.75	
Avocado		1.00	
Cucumber		0.50	
Quail Egg		1.00	

### APPETIZERS

Oyster Shooter (2 shooters)	5.00	
Hamachi Kama (Broiled yellowtail collar)		
Salmon Kama (Broiled Salmon collar)		
Gourmet Mochi Ice Cream Bon Bons (2 pieces) Vanilla - Mango - Strawberry - Green Tea - Red Bean		
\$2.75		

# Zen 5 Special Rolls

<b>Rainbow Roll</b> (California roll with assorted fish on top)	10.25	
<b>Shrimp Crunch Roll</b> (Shrimp tempura roll with tempura shavings and eel sauce)	8.75	
<b>Caterpillar Roll</b> (Eel cucumber roll with avocado on top)	9.25	
<b>Spider Roll</b> (Deep fried soft shell crab, cucumber & avocado)	8.95	
<b>Havana Pearl Roll</b> (Salmon, imitation crab, white fish, cucumber and avocado wrapped in cucumber *no rice*)	9.75	
<b>Asparagus/Salmon/Crab Roll</b>	8.25	
<b>Special Spicy Tuna</b> (Spicy tuna roll with spiced tuna on top)	9.25	
<b>Red Dragon</b> (California roll with tuna on top)	8.95	
<b>Brown Dragon</b> (California roll with fresh water eel on top)	9.75	
<b>Jalapeno Crab Roll</b> (Imitation crab, cucumber, masago, & jalapeno)	6.50	
<b>Da Kine</b> (Shrimp crunch roll with spicy tuna on top)	10.50	
<b>Geisha Roll</b> (Shrimp tempura, salmon, imitation crab, avocado, cucumber, yamagobo, and masago)	9.50	
<b>Hang 10</b> (Spicy tuna & avocado, w/ albacore & tuna on top)	8.95	
<b>Sun Roll</b> (Jalapeno Crab with Salmon on top)	8.95	
<b>Extreme Roll</b> (Jalapeno, spicy tuna, avocado & cucumbers)	6.95	
<b>Super Salmon Roll</b> (Salmon, white onion, lemon with salmon on top)	8.95	
<b>Crunchy Spicy Lobster Roll</b> (Spicy lobster mix with tempura shavings)	8.95	
<b>PB Roll</b> (Shrimp tempura roll with seared salmon on top)	9.95	
<b>Tsunami Roll</b> (Shrimp tempura roll with fresh water eel on top)	9.95	
<b>Bonzai Roll</b> ( Deep fried spicy tuna, yamagobo, cucumber with tuna & salmon on top)		
<b>Stuffed tomato</b> (Rice balls stuffed w/ spicy scallops & wrapped in tuna)	7.50	

### Tempura Rolls

*(Tempura battered and deep fried rolls)*

<b>Zen Special</b> (Yellowtail, imitation crab, avocado, & cream cheese)	8.95	
<b>Crunchy California</b>	8.25	
<b>Crunchy Spicy tuna roll</b>	8.25	
<b>Crunchy Spicy Salmon roll</b>	8.25	
<b>Crunchy Philly Roll</b>	8.25	

### Baked Rolls

<b>Pizza Roll</b> (California roll with baked yellowtail, salmon, tuna, scallops and dynamite sauce)	9.25	
<b>Special Baked Philly</b> (Spicy tuna, scallops, cream cheese w/ smoked salmon, avocado, & dynamite sauce on top)	9.50	
<b>California Beach</b> (California roll with baked scallops on top)	8.50	
<b>Volcano</b> (White fish, salmon, imitation crab, avocado cream cheese with scallops and dynamite sauce)	8.95	
<b>Wake "N" Bake</b> (Spicy crab, avocado w/ eel and dynamite on top)	9.50	



# Lunch Specials

Chicken Teriyaki Bowl

\$5.50

## Yakisoba

(Stir fried noodles with vegetables)

Vegetable Yakisoba	\$6.00
Chicken Yakisoba	\$7.00
Beef Yakisoba	\$7.00
Pork Yakisoba	\$7.00
Shrimp Yakisoba	\$7.50

## Combo

\$9.00

(Served with salad, rice and vegetable tempura)

Choose one from Col. A, and one from Col. B

Col. A

Col. B

2 pc Sushi (tuna, salmon)	Shrimp Tempura
California Roll (4 pc)	Sesame Chicken
Gyoza (4 pc)	Chicken Teriyaki
Spring Roll (2 pc)	Beef Teriyaki
Avocado Roll (4 pc)	Pork Katsu
	Chicken Katsu



**18% Surcharge for party of 6 or more**



## **Appetizers**

Baked spicy green mussels (3 pc)	\$6.50
Baked spicy Oysters (2 pc)	\$6.50
Oysters on The Half-Shell (2 pc)	\$5.50
Seared Salmon with cucumber with ginger sauce	\$8.50
Seared Yellowtail with cucumber with ginger sauce	\$8.95
Baked Spicy Scallops	\$8.50
Agedashi Tofu ( <i>deep fried tofu</i> )	\$6.00
Asparagus sticks	\$5.95
Soft-shell Crab	\$6.50
Gyoza (5 pc)	\$5.50
Sunomono ( <i>cucumber salad with octopus salad and seaweed salad</i> )	\$6.00
Egg Roll (3 pc)	\$6.00
Edamame	\$3.50
Spicy Calamari	\$7.00
Stuffed Mushrooms ( <i>stuffed with spicy tuna</i> )	\$8.00
Mixed Tempura ( <i>2 shrimp, 5 veggie</i> )	\$6.95
Shrimp Tempura (5pc)	\$7.50
Vegetable Tempura (7 pc)	\$5.50
Seafood Tempura (5 pc)	\$8.00
Jalapeno Poppers ( <i>cream cheese, spicy tuna</i> )	\$7.50



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# Dinner Entreeés

Served with steamed rice and choice of salad or miso soup  
*Substitute fried rice - add \$1.00*

Chicken Teriyaki	\$8.00
Beef Teriyaki	\$8.00
Salmon Teriyaki	\$9.00
Hot & Spicy (Beef or Chicken with Spicy Sauce)	\$8.50
Pork Katsu (lightly breaded, deep fried and served with our house katsu sauce)	\$8.50
Chicken Katsu	\$8.50
Sesame Chicken	\$8.50
Sesame Tofu	\$8.00

## Combo

Served with rice, vegetable tempura, and a choice of salad or miso soup  
**\$10.00**  
*Substitute fried rice - add \$1.00*

Choose one from Col. A, and one from Col. B

Col. A	Col. B
California Roll (4 pc)	Sesame Chicken
Gyoza (4 pc)	Chicken Teriyaki
Spring Roll (2 pc)	Beef Teriyaki
Spicy Tuna Roll (4pc)	Pork Katsu
2pc Sushi (tuna,salmon)	Chicken Katsu
Avocado Roll (4pc)	Shrimp Tempura (3 pcs)

## Salad

House Salad	\$2.50
Garden Salad	\$4.95
Grilled Chicken Salad	\$7.95
Pacific Seafood Salad	\$12.95
Ahi Tuna Carpaccio Salad	\$9.00
Octopus Salad	\$6.75
Seaweed Salad	\$5.95

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# **Teppanyaki**

Served with fried rice and choice of salad w/ house dressing or miso soup

Vegetarian Stir Fry with Vegetables	\$7.95
Chicken with Vegetables	\$8.95
Beef with Vegetables	\$8.95
Shrimp with Vegetables	\$10.95
Shrimp with Chicken	\$13.95
New York Steak and Shrimp	\$15.95
New York Steak and Chicken	\$14.95

## **BENTO - Premium Dinner Box**

(Served with Miso soup, salad and rice)

*Substitute fried rice - add \$1.00*

<b>ICHI</b>	\$12.00
California Roll	
Gyoza	
Chicken Teriyaki	
<b>NI</b>	\$13.00
4 pc Sushi	
Spring Roll	
Beef Teriyaki	
<b>SAN</b>	\$16.50
Sashimi	
Spring Roll	
Salmon Teriyaki	

## **Zen Deluxe Boat Meal**

A variety of beef, chicken, salmon Teriyaki, mixed tempura, California Rolls and sushi

\$35.00

(Served with 2 rice)



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## **Yakisoba**

*Thin Soba noodles stirfried with vegetables and our house yakisoba sauce*

Vegetable Yakisoba	\$7.00
Chicken Yakisoba	\$8.00
Beef Yakisoba	\$8.00
Pork Yakisoba	\$8.00
Shrimp Yakisoba	\$8.50

## **Soup**

Plain Udon Soup <i>(A clear broth with thick udon noodles)</i>	\$5.00
Vegetable Udon Soup	\$6.00
Chicken Udon Soup	\$6.50
Tempura Udon	\$8.50
Nabeyaki Udon	\$8.95
Miso Soup	\$2.50
Mushroom Miso Soup	\$2.95

## **Sides**

Steamed Rice	\$1.50
Fried Rice	\$2.50

## **Dessert**

Green Tea Ice Cream	\$2.50
Mochi Ice Cream Bon Bons (2)	\$2.75
Vanilla - Mango - Strawberry - Green Tea	



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## **Soft Drinks**

Soft Drinks <i>(Coke, Diet Coke, Sprite and Lemonade)</i>	\$1.75
Iced Tea	\$1.75
Hot Tea	\$1.75

## **Beer**

*Kirin Ichiban, Kirin Light, Sapporo, Asahi*

Large Beer	\$5.75
Small Beer	\$3.75
Budweiser/ Bud Light	\$3.50

## **Wine**

*Chardonnay, White Zinfandel,  
Merlot, Cabernet Sauvignon*

Glass	\$4.75
Bottle	\$18.50

## **Sake**

House Cold Sake ( <i>Hakutsuru</i> )	\$8.00
Chokara	\$12.00
Yaegaki      Glass      \$4.75      Bottle	\$18.00
Kurosawa	\$16.00
Otokoyama	\$20.25
Nigori Unfiltered Sake	\$11.00
Small Hot Sake	\$3.75
Large Hot Sake	\$5.75

## **Cocktails**

Sake Margarita	\$6.00
Sake Martini	\$6.00
<i>(White Peach, Sour Apple, Blue Raspberry Lemon Drop, Mango Madness)</i>	



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